

**Round 1**

**BB-B** © AXIS Flight School  
 grip on opposite arm  
**Back Star**

**BB-E** © AXIS Flight School  
 grip on same arm  
**Back Open Accordion**

**BB-D** © AXIS Flight School  
 grip on opposite leg  
**Mixed Closed Accordion**

**Round 2**

**BB-H** © AXIS Flight School  
 same side of the body  
**Mixed Side Body**

**BB-J** © AXIS Flight School  
 grip on same leg  
**Back Cat**

**BB-L** © AXIS Flight School  
 grip on opposite leg  
**Back Stair Step**

**Round 3**

**HU-F** © AXIS Flight School  
 foot dock on opposite upper leg  
**Feet-to-Knees**

**HU-2** © AXIS Flight School  
 grip on same arm  
**Grip**

**INTER**

**Grip**  
 repeat original grip

**Round 4**

**HU-E** © AXIS Flight School  
 grip on opposite foot  
**Hands-to-Feet**

**HU-C** © AXIS Flight School  
 grip on opposite arm  
**Out-Facing Double Grip**

**HU-B** © AXIS Flight School  
 grip on opposite arm  
**In-Facing Double Grip**

**Round 5**

**HU-D** © AXIS Flight School  
 grip on opposite foot  
**Hand-to-Foot**

**HU-1** © AXIS Flight School  
 grip on same arm  
**Grip**

**INTER**

**Grip**  
 repeat original grip

**Round 6**

**HU-H** © AXIS Flight School  
 foot dock on same foot  
**Foot-to-Foot**

**HU-A** © AXIS Flight School  
 grip on opposite arm  
**Single Grip**

**HU-J** © AXIS Flight School  
**Double Spock**

**Tie Break**

**HU-H** © AXIS Flight School  
 foot dock on same foot  
**Foot-to-Foot**

**HU-E** © AXIS Flight School  
 grip on opposite foot  
**Hands-to-Feet**

**HU-J** © AXIS Flight School  
**Double Spock**